

## **GFR 30-59 ml/min (Stage 3)** <sup>[1]</sup>

In stage three of chronic kidney disease, a visit to a nephrologist (doctor who specializes in kidney care) is recommended. In addition to following the advice given for people in stages one and two, the nephrologist may also refer the patient to a dietitian for additional guidance in getting proper nutrition. Some people begin to feel some of the effects of kidney function loss in stage three, such as swelling in the face, hands or feet, and decreased urine output.

© 2017 The Dialysis Patients Citizens (DPC) Education Center. All rights reserved. Unauthorized use prohibited. The information contained in this website is not a substitute for medical advice or treatment, and consultation with your doctor or healthcare professional is strongly recommended. The DPC Education Center is a section 501(c)(3) non-profit charity (37-1698796). Contributions are tax deductible to the fullest extent permitted by the law.

---

**Source URL:** <http://www.dpcedcenter.org/gfr-30-59-mlmin-stage-3>

### **Links**

[1] <http://www.dpcedcenter.org/gfr-30-59-mlmin-stage-3>